

## Practice / Pickup Flag Football at Score Indoor Sports

We will be open on Friday evenings from 7 p.m. to 10 p.m. for pickup flag football until further notice. (We may extend the hours a little, depending on how many teams are here.) We will also be open the next two Thursdays (22 Oct. & 29 Oct.) during the same hours. The cost is \$5 per person. If a team wants to use this as a practice opportunity, they may use the field until another team shows up to play. If the other team also wants to practice on their own, the teams can split the field. However, if the other team came to play, practice will have to be conducted within the pickup format described below. Once a third team shows up, the pickup format will need to be used. Individuals are also welcome. Players can be drafted to existing teams, or once we have enough individual players, we'll field a house team.

This format is just intended for a start, so if you have suggestions for improvements please let us know.

### Pickup Flag Football format

Pickup flag football will be played according to the Score Indoor Sports 5 on 5 Arena Flag Football rules posted on the website, with some adjustments to the format to keep the games moving.

Each team will get one full possession to score. (Four downs to cross midfield for a first down, then four more plays to score.) We won't go for PAT's. Whichever team is ahead after each has had a possession will be the winner and will stay on the field. If the teams are tied, each team will get two downs to advance the ball as far as possible. Whichever team advances farthest down the field will be the winner. If both teams score, then each team gets two more downs to determine a winner. If the teams are still tied, they both leave the field. After three consecutive wins, a team will leave the field and go back into the regular rotation.

This is just friendly pickup football with no referees, so players/teams will call their own penalties. As such it is a must for everyone to do his best to play by the rules and work things out in a friendly, sportsmanlike manner. If you think you've been wronged, just shrug your shoulders, smile, and get ready for the next play. We're just here to have fun. For all penalties, the play will be a "do-over". It's too hard to spot the ball for the different penalties without a referee.